

COPD ASSESSMENT TEST

ID	NUMBER:	FORM CODE: CAT VERSION: 2.0 11/03/2017	Event:	_
	Pate of Collection /		0b) Staff Code	
	tructions: This form should be comparison to the comparison that best described by the following that best described by the following that best described by the following the following that be compared by the following the following that be compared by the following that the following that be compared by the following that the following the following that the following the following that the following		c visit. For each item below, have the	
This questionnaire will help us measure the impact COPD (Chronic Obstructive Pulmonary Disease) is having on your wellbeing and daily life. For each item below, tell me the number that best describes you currently. Be sure to only select one response for each question.				
				SCORE
1)	I never cough	0 1 2 3 4 5	I cough all the time	
2)	I have no phlegm (mucus) in my chest at all	0 1 2 3 4 5	My chest is completely full of phlegm (mucus)	
3)	My chest does not feel tight at all	0 1 2 3 4 5	My chest feels very tight	
4)	When I walk up a hill or one flight of stairs I am not breathless	0 1 2 3 4 5	When I walk up a hill or one flight of stairs I am very breathless	
5)	I am not limited doing any activities at home	0 1 2 3 4 5	I am very limited doing activities at home	
6)	I am confident leaving my home despite my lung condition	0 1 2 3 4 5	I am not at all confident leaving my home because of my lung condition	
7)	I sleep soundly	0 1 2 3 4 5	I don't sleep soundly because of my lung condition	
8)	I have lots of energy	0 1 2 3 4 5	I have no energy at all	