

INSTRUCTIONS FOR SIX MINUTE WALK TEST SMW, VERSION 1.0, QUESTION BY QUESTION (QxQ)

I. GENERAL INSTRUCTIONS

The Six Minute Walk Test should be completed during the participant's Clinic Visit.

Please answer every question on this form. *NOTE: All response options in the paper form may not appear in CDART (e.g., 'Don't know', 'Declines to answer', etc.). Beside each item input is a small double bracket icon which looks like this: >>. Clicking this icon displays a field dialogue box in which the "Field Status" selection menu allows you to choose from the following options: 'Refused', 'No response', 'Doesn't know', 'Not applicable', 'Maximum value', 'Minimum value', and 'Missing'. See MOP 6 – Section 3.2 for additional instructions on how to select a Field Status option.*

Notes: The SMW test should be delayed or postponed if systolic blood pressure is >180 or diastolic blood pressure is >100. Clinically significant cardiac, orthopedic or balance difficulties or resting hypoxemia (SpO₂ <88% on room air, may be modified for altitude) are reasons for not conducting the six-minute walk test.

II. DETAILED INSTRUCTIONS FOR EACH ITEM

Header Information: Consists of key fields which uniquely identify each subject and recorded occurrence of a form. For the "ID NUMBER", record the 2 or 3-character, 6-digit number assigned to the specific participant. For the "Event", record that this is happening at the clinic visit (E1)

- Item 0a.** Record the date the data was collected or abstracted in the MM/DD/YYYY format either by selecting the pop-up calendar in CDART or entering the date in the space provided.
- Item 0b.** Record the SPIROMICS III staff code of the person who collected or abstracted the data. This code is assigned to each person at each site by the GIC. If you do not have a staff code and are collecting SPIROMICS III data, please contact the GIC in order to receive your own individual staff code.

Note: Items 1 and 2 have been removed.

Item 3. Select only one option among the two possible choices.

Item 3a. If Yes to Q3, record the supplemental oxygen in L/min in the space provided.

Item 3b. If Yes to Q3, select only one option among the three possible choices.

Item 4a. Record SpO₂ at rest prior to six-minute walk in % in the space provided.

Item 4b. Record Pulse at rest prior to six-minute walk in min⁻¹ in the space provided.

Item 5. Select only one option among the two possible choices.

Item 6. Record the start time of six-minute walk in % in hours:minutes in the space provided.

- Item 7a.** Record SpO₂ immediately following the six-minute walk in % in the space provided.
- Item 7b.** Record Pulse immediately following the six-minute walk in min⁻¹ in the space provided.
- Item 7c.** Record Breathlessness immediately following the six-minute walk in the space provided.
- Item 7d.** Record Perceived exertion immediately following the six-minute walk in the space provided.

Note: Items 8a-8a1a have been removed.

- Item 8b1.** Record Number of full laps (two lengths or legs) that the subject completed in the space provided.
- Item 8c1.** Record distance the subject walked final partial lap in the space provided. This should be in meters if 8a or 8a1a is in meters or feet if 8a or 8a1a is in feet.
- Item 9.** Select only one option among the two possible choices.

Note: Items 9a1-9a2 have been removed.

Item 9b1-9b5. Select only one option among the two possible choices.

Items 9b5a-i. If Yes to Q9b5, select all the adverse event types that apply.

Item 9b5i1. If the response to Q9b5i is other, enter the other type of adverse event in the space provided.

Save and Close the form.