



## INSTRUCTIONS FOR VETERANS SPECIFIC ACTIVITY QUESTIONNAIRE VSA, VERSION 1.0 (QxQ)

### I. GENERAL INSTRUCTIONS

The Veterans Specific Activity Questionnaire is filled out by the study coordinator at the baseline visit.

**Header Information:** The header information consists of key fields which uniquely identify each recorded instance of a form.

**FORM DATE:** Record date this is being completed. Select the date from the pop up calendar or type in the date in the space provided. Dates should be entered in the mm/dd/yyyy format.

**INITIALS:** Record the staff code of the person entering the data on this form. This code is assigned to each person at each site by the GIC. If you do not have a staff code and are collecting SPIROMICS data please contact the GIC in order to receive your own individual staff code.

### II. DETAILED INSTRUCTIONS FOR EACH ITEM

Begin by reading the script in bold at the top of the screen:

***“The following is a list of activities that increase in difficulty as you read down the page. Think carefully, then select the first activity that, if you performed it for a period of time, would typically cause fatigue, shortness of breath, chest discomfort, or otherwise cause you to want to stop. If you do not normally perform a particular activity, try to imagine what it would be like if you did.”***

For each item read the description of the activity aloud to the participant and select ‘False’ if the participant states that activity would NOT lead to fatigue or shortness of breath. The first activity in which the participant feels they cause fatigue or shortness of breath select ‘True’.

Upon opening the form in the data management system (DMS) you will find that only the first drop down box can be answered. If the answer to the first item is False, the second item will become active. Subsequent items can only be completed if the answer to the active item is False. Once you have selected True you do not need to answer any more items.

Save and close the form.